

The Light In All of Us

Whether you're 18 or 65, we can all agree that we live in the age of technology which has brought both positive and negative changes to how we connect with one another. Conversations taking place through Facebook comments and texting are far more popular and convenient than calling.

But there's a new trend buzzing around that goes beyond technology: lightworking. What exactly is a lightworker? What do they do? Who do they help? Are you one of them? There is no way to pin point exactly how the subject became so popular, but many of our expert advisors are proclaimed lightworkers who agree that there is a desperate need for more people to shine their light into the world.

A lightworker is someone who has a deep knowing that they're meant to help people. They are caregivers, healers, people rooting for the underdog. They hold a clear knowing that there is more to life than money, titles, and accomplishments. Lightworkers are intuitive, compassionate, and have a natural ability to listen to people's problems and worries, expecting nothing in return. Lightworkers come in all shapes and sizes: psychics, nurses, life coaches, or energy healers. These beautiful beings work their light in different ways, always with the best intentions.

Psychics, intuitives, and mediums are some of the common types of lightworkers offering guidance, clarity, and messages from spirit. They help those who are hurting, struggling with a broken heart or living in indecision and fear. They bring relief, inspiration, or just shoulders to cry on. With the help of technology, companies like Psychic Source are able to connect light to light, helping clients work with Advisors to clear any doubt, fear, or indecision they hold. Let's be honest. We all need some guidance from time to time—someone in our corner—to clarify

that our "hunch" is correct and that we're not crazy. There are so many beautiful, intuitive, lightworkers that our advisors come in contact with every day and many in which are their beloved clients.

As the sun shines brighter and longer in the warm summer season, remember the light that lives within you. Don't dim your light to fit in, shine it brighter to stand out.

IN THIS ISSUE:

Pg. **2** Healing Through the Third Eye by Psychic Angelica

Pg. **4** Developing Your Abilities by Psychic Arthur

Pg. **6-7** Summer Astro-Forecast

Pg. **3** Take the Quiz: Discover Your Lightworker Personality

Pg. **5** The Day of Light: A Spiritual Wake Up Call

Pg. **8** 6 Must-Have Crystals for Summer Travel

Becoming SuperConscious: Healing Your Self and Others Through the Third Eye

By Psychic Angelica
x9393



Located between the brows, the third eye chakra is responsible for how you perceive the world. When it's open, you will use both feelings and logic to make decisions. You will trust your intuition and be comfortable knowing you are living your purpose.

As an energy worker and psychic, I rely on my third eye to give me above and beyond what I can see, hear or feel. Whether self-healing or working with clients, I'm automatically connected to my third eye and pineal gland. Letting Spirit lead your life will bring you visions, messages, direction and clarity. A healthy and balanced third eye chakra opens a sacred connection with your wise council. To open the third eye is to open to the divine knowledge and wisdom and to see everything through the perspective of your higher self and Spirit.

The third eye's balance affects (and is affected by):

- Your ability to perceive accurate gut feelings.
- Your sense of the bigger picture in life.
- Whether you meet goals related to your deeper purpose.
- Balancing emotion and reason.
- Whether you feel stagnant or forward-moving.

The gift of your sixth chakra is the ability to be mindful and live in the present moment. Awakening your third eye provides you with intuitive sensibility and inner perception, which helps you distinguish illusions that cloud your actions. It also enables you to assist others in their own healing as it gives you access to a higher vision.

These behavioral characteristics of the third eye are essential to healing:

Vision, intuition, perception of subtle dimensions and movements of energy, psychic abilities related to clairvoyance, clairaudience (especially), access to mystical states, illumination, connection to wisdom, insights, motivation, inspiration and creativity.

How to use the third eye in self-healing and working with others:

Wisdom: Your third eye chakra is your center of wisdom and knowledge, allowing you to open your mind to deeper understandings. This gives you the opportunity to ask, "What am I to learn from this experience," rather than, "Why is this happening to me?"

Intuition: The third eye perceives the subtle qualities of reality. It allows you to use your gut instincts to feel into the situation with all senses. This can help us to get to the core of the trigger, into the present moment, so we leave the past and future out of our healing work. Working from the present is the key to immediate healing (ex: "I am healed.).

Self-Reflection: This chakra is responsible for your ability to self-examine and self-reflect by looking within for answers rather than outside. Even in seeking guidance from others, we're able to take responsibility for what we can control: ourselves. When this is done from a nurturing perspective, we're able to shift our core beliefs to serve us in the present, letting go of negative self-talk.

Vision: Your third eye is the link between your mind and the physical world. It enables you to internalize the outside world and reflect. This is how we manifest what we truly desire in our physical life. Rise above the learned actions/reactions and concentrate on the most empowering choice you can make to heal your mind, body and spirit.

Logic and Creativity: The third eye chakra gives you the ability to integrate your creativity and logical thinking. When we merge our minds imagination, and visualization we're able to bring effortless transformation.

How to balance and open the third eye:

It doesn't take years of study or practice. Incorporate these simple tools daily and you will begin to see a dramatic change in how you perceive your own life and the relationships you have with others.

Continues on page 3



Physical Activity: Yoga is a super way to open the third eye. Two poses that activate the energy and flow of the third eye are child's pose and downward dog.

Meditation: Spend 5-15 minutes every day simply sitting in a quiet, relaxed state. Focus on allowing white healing light to flow in from the top of your crown chakra into your third eye. This alone is a powerful way to balance and activate this chakra.

Crystal Healing: Wear amethyst on your body or hold in your hand while meditating. Purple is the color that represents the third eye chakra, so it's influenced by this crystal.

Affirmations and Mantras: Choose an affirmation or mantra each day to repeat often. This calls in a strong connection to your intuition and higher wisdom. (Ex: "I am Intuitive," "I am connected to Creator," "I am in touch with my inner wisdom," or "I make empowered choices.")

When we focus our mind and consciousness, we can see beyond the distractions and illusions that stand before us and have more insight to live and create more deeply with our highest good. If you desire guidance in opening your third eye please connect with me.

Blessings and gratitude,
Angelica x9393



"Hello, beautiful! Did you know can now schedule a video appointment with me? Let's get started!"



- Psychic Angelica x9393

Save on a Reading the Next Time You
Connect with a Your Third Eye

2 Days of unlimited bonus dollars

May 20th and 21st

Add \$50.....Get \$10 free bonus dollars

Add \$100.....Get \$20 free bonus dollars

Add \$200.....Get \$40 free bonus dollars

Redeem Promo code 743652

*Unlimited offer, for existing members only. May not be combined with any other offer.



Take the Quiz: Discover Your Lightworker Personality



Are you a Lightworker?

While it may sound like a "yes" or "no" question, Lightworkers come in many levels and variations. If you feel a strong pull toward something greater, as if you're drawn to a significant calling, it's likely that you were meant to guide society to spiritual awakening as a Lightworker. Those who are naturally creative and intuitive may be surprised to find that they're more inclined to be Lightworkers and have an amazing gift to share!

If so, what kind are you?

You may find that it's a no-brainer—you're definitely a Lightworker! But are you meant to follow a specific path? Some Lightworkers are here to pass on important messages and work closely with groups of people, while others find that they do best in one-on-one scenarios. There are also Lightworkers who receive deep insight only when focusing inward, on their own spiritual growth. All are very important to the greater good.

The more you learn about what kind of Lightworker you are, the better you'll be able to focus your energy and gifts!

START HERE

Could You Be a Lightworker? Ask one of our
Advisors how to develop your abilities

2 Days of unlimited bonus dollars

June 13th and 14st

Add \$50.....Get \$10 free bonus dollars

Add \$100.....Get \$20 free bonus dollars

Add \$200.....Get \$40 free bonus dollars

Redeem Promo code 366992

*Unlimited offer, for existing members only. May not be combined with any other offer.

Yes, Virginia, You Really Are Psychic! Developing Your Own Abilities

By Psychic Arthur
x8237



One of the most frequently asked questions I get is: “Can I develop psychic abilities?” And the answer is, “Yes!”

To one extent or another everyone is psychic, but not everyone fully uses their abilities because they either don’t know they have them or they don’t know how to use them.

Also, when people first attempt to tap into their abilities (and I’m not talking about running out and grabbing a deck of tarot cards with a book), some struggle and get frustrated because they believe they should be able to psychically “see” something. In reality, their inherent psychic ability may be about “feeling,” “hearing” and/or “knowing” information and not “seeing.”

So, before guessing which of the psychic senses you may excel in, understanding what they actually are can be very helpful. In addition, this is where the 17th century French term “clair” (which means “clear”) is used to help identify the various forms of psychic abilities, with the most common being:

Clairvoyance: The ability to see things that are not within normal vision. These would be images that appear in the mind’s eye, also known as the third eye.

Clairaudience: The ability to hear things that the normal ear can’t hear. Usually this would be in the form of hearing the voices of guides and/or spirits. However, it can also be as simple as hearing the lyrics of a song that gives you an answer or message.

Clairsentience: The ability that allows a person to feel what others are feeling. This would entail feeling a person’s emotions or another’s physical pain. This can be a very difficult ability to process. This type of ability is also known as empathy or being an empath.

Claircognizance: The ability of having knowledge of people, places, and events that an individual would not normally have knowledge about. An example of this would be a premonition. A premonition is a forewarning of something that will happen in the future. Not all premonitions are about bad things; they can also be about good news as well.

So, now that you know what the most common forms of psychic abilities are, how do we improve them? Well, it’s kind of like the old joke where a guy walks up to a NYC cab driver and asks, “How do I get to Carnegie Hall?” And the cabbie replies: “You practice!” Same here. To become better at just about anything in life, you need to practice—and the same goes with perfecting your psychic abilities.

While there are many books out there to help people sharpen their psychic abilities, the one book I always recommend, especially after seeing the positive results experienced by many clients, is [You Are Psychic!: The Free Soul Method](#) by Pete A. Sanders, Jr. Using his extensive study of biomedical chemistry and brain science at the Massachusetts Institute of Technology (M.I.T.), he developed a method to tap into psychic abilities on command and offers a program of simple exercises to teach you how to experience nine senses instead of only five.



Another great way to understand your psychic abilities and how to develop them is to talk with one of the many gifted advisors at Psychic Source who are always eager to share their knowledge and expertise to help you with your psychic journey! ■



Develop your Psychic Abilities Podcast

Develop Your Own Psychic Abilities with Advisor-Guided Meditation Podcasts

Learn how empaths release negative energy or how mediums channel the spirit world.

BROWSE MEDITATIONS ►

The Day of Light: A Spiritual Wake Up Call

Sun kissed skin, toes in the sand, warm starry nights, ah, yes, summertime is here. On Friday, June 21st we will celebrate the 2019 Summer Solstice, the Day of Light. For many, this is just another day to soak up the rays of summer but for others, it marks a very symbolic moment on the seasonal and spiritual cycle. The Day of Light has been celebrated since the beginning of time and is one of the first astrological observations in human history. All over the world you can find sacred, ceremonial monuments and structures designed for sun worship that date back to ancient civilizations, cultures and religions. The unparalleled energy of the sun provides healing and life-giving abilities, no wonder it's been respected throughout the ages. On June 21st, the sun will peak at the highest point in the celestial equator, come to a pause, and open a portal of intense energy, light and warmth. Summer has bloomed, Mother Nature is in her glory and an overcoming sense of gratitude fills the air as we enjoy all the gifts the season has to offer. But did you know that the Day of Light brings forth another very special gift of spiritual evolution? The chance to dive deeper into your journey of personal, spiritual and intuitive growth can be yours if you choose to embrace it.

Embracing the Light

Just like the cycles of the sun, we all have highs and lows in our spiritual journey. The Day of Light is a divinely guided opportunity to “wake up” on a spiritual level. Just like the rays of the sun, psychic energy is flowing and the connection between self and spirit is peaking. If you are seeking to illuminate the pathway to your spiritual purpose, the Day of Light is a wonderful opportunity to soak it all in. Symbolically, the change of season gives us the chance to make personal changes in our lives. The element of fire aligns with the sun, as it shines a light on things that need to be purified. Opening your space to a spiritual growth requires us to reexamine old patterns and letting go the things that no longer serve us. Allowing the sun to cleanse your mind, body and soul from these negative thoughts, feelings, toxic relationships and the things that hold us back will allow you to make room for new energy. What are your deepest desires, hopes and dreams? What is holding you back? Are you ready to travel further down your spiritual path? The Day of Light is an invitation to awaken, a triumphant victory of light over darkness that we can help you manifest to your fullest potential.

Your Pathway Starts Here

If you haven't already discovered the **Psychic Source Connections Calendar**, you will find our monthly calendar filled with exclusive content ranging from Advisor articles, events, podcasts, live Q&A social events, promotions and much more. Starting on Monday, June 17th, through The Day of Light celebration on Friday, June 21st, the calendar will feature powerful tools designed to assist you in your journey towards spiritual evolution. These tools will help you sharpen your intuitive abilities, deepen your connection to self and spirit and help you move forward in various areas of your life. ■

5 Step Process: Open Your Spiritual Abilities

Day 1 – Monday, June 17th: Full Moon in Sagittarius – June 2019 Expanding Your View Meditation

Day 2 – Tuesday, June 18th: Exploring Your Third Eye

Day 3 – Wednesday, June 19th: The Power of Journaling

Day 4 – Thursday, June 20th: Psychic Tools & How-To's: Crystals

Day 5 – Friday, June 21st: Join us ALL DAY LONG for a special LIVE Facebook Event

FIND THIS 5 STEP PROCESS ON OUR CONNECTIONS CALENDAR ►



Summer Astro-Forecast: What's in store for your sign?



Venus x8854

This summer is ideal for LOVE! Jupiter attracts new and lasting romantic encounters such as meeting with your twin soul, particularly under Venus' positive influence in July and August. At the same time, Jupiter also intensifies love connections and opens doors for reconciliation and healing in past and current situations—not only at the personal level but among family and friends. Nevertheless, there is there a warning about the negative square of Saturn concerning any extra-marital affairs, which may be detrimental to the primary relationship. For undefined, toxic, or draining relationships, it's time to let go and move on. In general, the second part of 2019 (summer in particular) is auspicious for matters of the heart.



Aries

3/21 - 4/19



Anja x8147

Hello, lovely Taurus! This summer you are potentially stepping into the most exciting time of your life as Uranus enters your sign for the first time in 84 years. You can surely expect the course of your life to abruptly change, bringing windfalls and unexpected opportunity. Shed existing jobs and relationships that are outdated for you, because these things cannot survive at this time. Your need for personal freedom and expression is an all-time high. Many will meet the love of their life during this transition. Expect a lot of change!



Taurus

4/20 - 5/20



Gemini x3084

Geminis have just the right amount of energy and enthusiasm for almost everything that piques their interest. Tired Geminis will rest and keep going, making them amazing when it comes to completing tasks. Your adaptability will be in full force this summer, while some other signs might hate changes that disrupt routine. No matter what the change, you will allow yourself to find a way to fit in and resume your life. Adjusting is very natural for Geminis. They're able to adapt and keep going each and every time as if it's something they do daily.



Gemini

5/21 - 6/20



Pearl x7638

Dear Cancer, you amazing beautiful moon child, this summer may finally hold what you've been craving for so long: passion that sings; connections so deep and rare you can talk for hours; creative inspiration; and time to fulfill your wanderlust. June's full moon in Sagittarius thrusts open doorways into Cancer that trigger romantic shifts for new and present relationships, and spontaneous excursions. July's full moon in Capricorn unlocks your inner realm of creativity while broadening your dreamscape. It's time to see how these factors resonate in your personal astrological houses and manifest in your universe!



Cancer

6/21 - 7/22



Arthur x8237

The good news for Leos this year actually started last year! Since the second week of November 2018, Leo suns have been enjoying a lovely supportive transit from fellow fire sign Jupiter in Sagittarius. Heavy hitters, Saturn and Pluto in Capricorn, are moving through your health and day-to-day sector (6th house). Transiting Jupiter in Sagittarius is in the fun house (5th house) of romance, sports, and creative endeavors. This combination offers a supportive outlet to blow off steam! Forget the expression "all work and no play" and tap into your creative side. Spend leisure time with friends and do what Leos love to do best—have a life and live!



Leo

7/23 - 8/22



Charity x9310

Summer marks a celebration for Virgos! Uranus is moving out of your house of "other people's money" so you're back in control of your finances and future life path. Transform into the butterfly you truly are with world travel, higher education and spiritual evolution. Chiron in Aries will free your repressed fears and vulnerabilities. Focus on your happiness, needs, and wants. You are growing and evolving. There's no turning back Virgos; Saturn and Pluto in tough Capricorn will ensure the strength and longevity of the new "self" that you create.



Virgo

8/23 - 9/22



Want even more astrology? Our Facebook page features a new astrology reading video from Psychic Moira each month!



Tomas x8157

Venus, the ruling sphere of Libra, is unusually affected by this summer's full moon. You may feel completely flat with routine life and seek to advance your interests with a partner who can protect you from falling into a rut. It's a good time to become your own boss, seek an agent, or pair up with an experienced love-interest with whom you share similar interests (Virgo or even Scorpio). This July presents no obstructions to your happiness on your current path, but keep your thoughts positive, especially at every full moon. Remain alert to every opportunity to show off your talents.



Libra
9/23 - 10/22



Durga x3293

Dear Scorpio, this summer will be filled with the most intense moments of your life but you wouldn't have it any other way. As Vedic theories explain: You will have power and drive with an uncanny eye like a Hawk, dreaming big, and with grace, about your career. You also could be the Rabbit questioning which way to go. However, do not be the angry Bull who is ready to attack anyone, including loved ones if they aggravate you. Instead, nurture your loved ones as a Lion/Lioness does and bring joy back into your life.



Scorpio
10/23 - 11/21



Guinevere x9708

Your ruler Jupiter continues the theme of expansion and opportunity, as well as a much-improved outlook this summer. Strike a delicate balance between opportunities and your home/family life. Don't sweat the small stuff in July, as delays and miscommunications could cause frustration amongst loved ones, possibly around finances or travel arrangements. Re-assess your goals and finances to make sacrifices until things pick up in August. Life will become much easier and more enjoyable. Towards the end of summer, you will have to knuckle down once again as your work seems to require more focus and discipline. Your rising confidence and renewed energy will help you to explore your dreams and open yourself up to adventure, excitement and optimism.



Sagittarius
11/22 - 12/21



Susannah x8228

The summer will hold a lot of fun for Capricorns when it comes to meeting new friends. There is movement forward, especially in terms of career recognition. Doorways will open and you will meet people whose influence will help you later in your career when you want to make a move. If you're a married Capricorn, get ready for a hot summer bringing focus back to each other. If you're single, a lot of flirtation is coming your way, possibly leading to the person you dream about.



Capricorn
12/22 - 1/19



Vlad x3162

Greetings my dear Aquarians! After a rather tumultuous 2018, be prepared for a very hot summer! The summer planetary alignments and conjunctions along with your personal planet alignment of Neptune this summer will certainly be centered on love, romance, and financial achievements—the likes of which you haven't seen since 2012! Be prepared for summer fun, as goals will be easily achieved and maintained throughout the year. So, get ready to set sail towards many personal destinations. Ride the wave towards happiness, better health, romance, and great prosperity. This will be a summer you will remember!



Aquarius
1/20 - 2/18



Suzi x8046

Summer breezes at the poolside beach or lake will bring a smile to the Pisces' heart. Don't be surprised if under the 4th of July fireworks a summer romance could bloom. Watch out for someone who appears shy at first but soon shares their funny bone making your heart happy. Someone whose name begins with either S, P, or M could be important. Over the summer you could be thinking of either career changes or what school is best for your studies. As August rolls into view, Jupiter and Mars will guide you to the best choices.



Pisces
2/19 - 3/21

6 Must-Have Crystals for Summer Travel

Taking a vacation this summer? When you put together your packing list, be sure to include at least one or two crystals. Bringing along meaningful crystals can help provide comfort, healing, and spiritual support no matter where you go. Here's a guide to the best crystals for summer travel according to your destination.



Beach Vacation



If you're heading to a warm beach with waves lapping at the shore, have some crystals on hand to help you truly kick back and relax. This kind of summer vacation is all about unwinding, so make sure you bring along stones that promote peaceful vibes.

Here are the must-have crystals for your beach vacay:

- 1 **Amethyst:** Popular for calming and relaxation. Use it to help let your anxieties go so you can find peace in the moment.
- 2 **Moonstone:** Protects you and your belongings while you travel. Slip a piece of moonstone into your luggage before you board the plane to make sure it arrives safely at your destination.

Going on a road trip is one of the best ways to enjoy summer. If you're the type of person who loves stopping at random towns and meeting all kinds of new people along the way, this is the perfect getaway for you. However, some challenges are bound to come up on the road.

For a smoother journey, make sure you have these crystals on hand:

- 3 **Smoky quartz:** Protects against disorienting energies, which can be an issue when you're moving from place to place. Keep this stone nearby to help ground you as you explore new destinations each day.
- 4 **Lemurian quartz:** Between traffic jams and road construction, travel snags are inevitable when going by car. Bring along some Lemurian quartz to maintain a peaceful, patient disposition.

Road Trip



If you plan to enjoy fun thrills and wild rides at a theme park or water park this summer, you'll want to bring along a few protective crystals.

Here's what to slip into your bag, pocket, or purse:

- 5 **Shungite:** Electronic devices will be all around you at a crowded amusement park. This stone helps minimize your exposure to the effects of scanning systems and technology.
- 6 **Garnet:** Protects against accidents and injury. It's a great crystal to bring along when you'll be going on daring roller coasters and other adrenaline-pumping thrill rides.

Amusement & Water Parks



Enjoy your summer vacation to the fullest by using healing crystals during your journey. Allow these powerful stones to bring you peace, protection, and patience every step of the way and use a psychic line to find out which destination is right for you.



Want to Know How to Use Different Crystals?
Find tips on our Instagram page:
@PsychicSource